



Cambridge University Real Tennis Club

Code of Conduct – Under-18 Members

How Should I Behave?

- Arrive in good time before the start of your match or session.
- Help with equipment where necessary.
- Be respectful to others.
- Be kind and encouraging to others.
- Bring a bottle of water.
- Come dressed in suitable clothing.
- Non-marking footwear.
- Eye protection.
- Do your best to do what coaches and club officials tell you.
- Be hardworking and motivated to learn.
- Respect the equipment and facilities.
- Always ask your coach if you need to leave the room.
- After a session, always leave wearing weather-appropriate clothing.

What Should I Not Do?

- Use mobile phones or other electronic devices in sessions. If brought, they must stay put away and switched off/on silent.
- Be disrespectful to others.
- Run around the facility during sessions unless instructed otherwise.
- Distract or interfere with the training of others.
- Wear marking footwear.
- Damage the facility or equipment.
- Use bad language or violence.
- Shout or scream.
- Interrupt others.
- Come to or leave a session without your parent(s)/carer(s) if you are below secondary school age.

What Can I Expect?

- To feel safe and supported within the club.
- To always have someone to talk to if I am unhappy.
- To be treated with respect and encouraged to achieve my goals.
- To be supported with any difficulties I have within the club.
- Coaches will not communicate (eg online/text) or meet with me alone outside of the club (if I am under the age of 18).

More Information

Contact your club Welfare Officer, whose name and contact details are given on the Welfare Officer poster on the noticeboard, and on the website www.curtc.net/wp/membership/#welfareofficer

If you want to speak to someone without letting them know who you are, you can also contact:

- **Child Line:** 0800 1111 / www.childline.org.uk
- **The NSPCC:** 0800 800 5000 / help@nspcc.org.uk